

# Minutes – 12/21/20

Wednesday, December 16, 2020 10:40 PM



## CMAMn Minnesota Area of Crystal Meth Anonymous Monthly Intergroup Meeting

Monday, December 21, 2020 at 7:00 p.m. CST  
Zoom I.D. - 970 7438 0197 Password – 861563

### AGENDA

#### I. CALL TO ORDER

Steve K. called this meeting of the Minnesota Area Intergroup of Crystal Meth Anonymous, scheduled for 7:00 p.m. CST via Zoom, at 7:06 p.m. CST

#### II. ROLL CALL

##### A. Minnesota Meeting GSRs

Meeting Name (Location, Day & Time)	GSR	In Person	Average	Newcomer	1yr+
CMA Hope (New Ulm, Sunday @ 4pm)					
Rockin Recovery (Lakes Area Alano, Sunday @ 5pm)					
Twin Cities (Minneapolis, Sunday @ 5pm)					
Looking Past the Glass (Le Center, Sunday @ 7pm)					
Life or Meth Squad 1 (Anoka, Sunday @ 7pm)	Brenda B.S.	Yes	25		
Keeping It Simple (St. Paul, Sunday @7pm)					
Breaking the Beast (Detroit Lakes, Sunday @ 7pm)	Johnathan S	Yes	5	1	3
CMA (Rice Lake, Sunday @ 7:30pm)					
Against All Odds (Minneapolis, Sunday @ 7:30pm)	Jay Jay D	Yes	18	4	6
Experience, Strength & Hope (Unknown, Monday @7pm)					
New Beginnings (St. Paul Downtown Alano, Monday @7pm)	Steve K	Yes	18	3	3
A Way Out (St. Cloud, Monday @7pm)					
Life Or Meth - Squad 6 (Anoka, Monday @7pm)	Might Cancel				
Crystal Clear (River Falls, Monday @8pm)					
UNPLUGGED (Unknown, Unknown)					
New Spin (Little Falls, Tuesday @6pm)					
New Choices (Unknown, Tuesday @6pm)					
Breaking The Bad (Minneapolis Alano, Tuesday @7pm)	Jay Jay D	Yes	45	9	18
CMA Squad 2 (Anoka, Tuesday @7pm)					
CMA (Menomonie, Tuesday @730pm)					
We Dope Meth Around (Taconite, Wednesday @7pm)					
Other Methods (St. Paul White House, Wednesday @7pm)	Heather R	No			
We Choose To Live (Fairbault, Wednesday @7pm)					
5% - Survivors Of Meth (Brooklyn Center, Wednesday @7pm)					
New Spin (Little Falls, Wednesday @7pm)					
Looking past the glass II (St. Peter, Wednesday @ 6pm)					
Twin Cities CMA (Minneapolis, Thursday @6pm)	Dak A	No	6	1	3
New Spin (Little Falls, Thursday @7pm)					
Life Or Meth Squad 3 (Anoka, Thursday @7pm)	Might Cancel	Yes			

CMA Squad 27 (St. Paul Alano, Thursday @7pm)	Keith B	Yes	40	4	10
Unplugged (Unknown, Thursday @7pm)					
River Falls Alano (River Falls, Thursday @8pm)					
CMA (Rice Lake, Friday @10am)					
Unspun (Long Prairie, Friday @6pm)					
No Mething Around (Cambridge, Friday @630pm)					
Step Or Topic (St. Paul White House, Friday @7pm)	Steve K	Yes	25	2	6
Sisters of CMA (St. Paul, Saturdays @ 10am)	Hiatus till 11/7/20				
Women's CMA (Saint Paul, Saturday @ 11am)					
Don't Talk About It, Be About It (Turtle Lake, Saturday @12n)					
New Brighton Alano (Mounds View, Saturday @5pm)					
New Spin (Little Falls, Saturday @6pm)					
Circle Of Trust (St. Paul, Saturday @6pm)					
Hope Dealers (Minneapolis, Saturday @7pm)					
Crystal Clear (River Falls, Saturday @8pm)					
One More Day, No More Nights (Cambridge, Saturday @8pm)					

Note: Meetings have resumed being held in person at the Downtown St. Paul Alano, Minneapolis Alano, and the White House in St. Paul. Additionally, a new in person meeting will start Sundays at 7:30 p.m. in person at 2400 Blaisdell in Minneapolis on November 1, 2020.

Note: White House is closed as of now and possibly opening after the new year. Downtown St.Paul Alano still open.

Note: There seems to be some confusion as to whether Life or Meth Squad 1 in Anoka is meeting on line (according to the CMAMn website) or in person (according to Topher M).

#### B. Executive Committee & Committee Chairs

POSITION HELD	NAME	CMA GROUP	PRESENT
CHAIRPERSON	Steve K	Step or Topic	YES
CO-CHAIRPERSON	N/A	N/A	N/A
SECRETARY	Todd O	Twin Cities	YES
CO-SECRETARY	N/A	N/A	N/A
TREASURER	Garrett V	Twin Cities	YES
CO-TREASURER	N/A	N/A	N/A
ACTIVITIES CHAIR	Cassandra D	Squad 27	NO
ACTIVITIES CO-CHAIR	Jason Re	Squad 27	YES
PUBLIC INFORMATION CHAIR	Dak A	Twin Cities	YES
PUBLIC INFORMATION CO-CHAIR	N/A	N/A	N/A
H&I CHAIR	Jessica C	Squad 27	NO
H&I CO-CHAIR	N/A	N/A	N/A
CHIPS & LITERATURE CHAIR	Josh	Circle of Trust	NO
CHIPS & LITERATURE CO-CHAIR	Topher M	Twin Cities	No
MN WORLD DELEGATE	Topher M	Twin Cities	No
MN WORLD DELEGATE	Brenda B.S.	Anoka Squad ?	No
GSR COORDINATOR	Jason Re.	Squad 27	NO

#### C. Quorum Present – YES

### III. APPROVAL OF MINUTES

**MOTION: To approve all minutes from November 16, 2020.**

- 1 ○ MADE BY: Steve
- 2 ○ SECONDED: Jay Jay

- 3 ○ CALL TO VOTE: 8 Aye / 0 Nay / 0 Abstain – MOTION CARRIED

#### IV. OLD BUSINESS

##### A. ZOOM Meetings (Standing Topic)

###### 1. Area Intergroup

- The Group Consensus was to continue online to allow more people to participate.

##### **MOTION: To hold the January CMA Area meeting online via Zoom.**

- 1 ○ MADE BY: Jay Jay
- 2 ○ SECONDED: Steve
- 3 ○ CALL TO VOTE: 8 Aye / 0 Nay / 0 Abstain – MOTION CARRIED

###### 2. CMA Groups

- Any updates or information to share regarding in-person and/or virtual
- Following up from last meeting, how can the Area be of better service to the Fellowship

##### B. Great Lakes Region Unity Day 2021

- Targeting for the weekend of May 14-16, 2021 at Heart of the City Music Factory in Anoka, MN
- Next Steps
  - TO – email out to local fellowship. Jay Jay, Jayson, Steve, Joseph, Dak, Garrett.
  - Once first meeting set we can announce at January Area.

#### V. NEW BUSINESS

##### A. How Area Can Help the Fellowship

1. This topic was broached, but no conclusive discussion happened?
2. Steve – We can't get into H&I due to covid.
3. Jason – Everything is so splotchy. We don't know anything about our meetings any more.
4. Garrett – We have to look at it logically. Most meet in churches but need reservation and won't allow walk-in meetings. Now with new restrictions, this puts a damper on it.
5. Garrett- Hears of different events at CMA World General Service Call (2nd Saturday of the month at 12:30pm). Maybe we can be more proactive on putting information on the website. However, while we can put out the information, we can't make people get involved.
6. Topher Mc. Requesting an @cmamn.org email for business purposes (banking, articles of incorporation, 501(c)3 filing, etc.)
  - a. Dak - We need to approve it.

##### **MOTION: To create a Board Member At Large position within the CMAMn infrastructure for the purpose of handling the Articles of Incorporation and other tasks that would follow under that umbrella**

- 1 ○ MADE BY: Garrett
- 2 ○ SECONDED: Steve.
- 3 ○ CALL TO VOTE: 8 Aye / 0 Nay / 0 Abstain – MOTION CARRIED

##### **MOTION: To create a formal email address for the Board Member at Large position under the CMAMn.org emails.**

- 1 ○ MADE BY: Garrett
- 2 ○ SECONDED: Jay Jay
- 3 ○ CALL TO VOTE: 8 Aye / 0 Nay / 0 Abstain - MOTION CARRIED

##### B. Survey of the CMAMn fellowship

##### **MOTION: To tabel till next month (January 2021) to get more information.**

- 1 ○ MADE BY: Garrett
- 2 ○ SECONDED: Steve
- 3 ○ CALL TO VOTE: 8 Aye / 0 Nay / 0 Abstain – MOTION CARRIED

#### VI. REPORTS

##### A. Activities

1. Upcoming events
  - a. None at this time

2. Current Financials
  - Previous Balance: \$1,008.97
  - Money In: \$0
  - Money Out: \$0
  - Ending Balance: \$1,008.97
3. General Updates
  - a. Normally after the 1st of the year, Jason Re confirms sight of picnic. What he would like to know is to set the date and line it up with the park – Chain of Lakes park reserve , rice creek
  - b. Todd O – Time / Jason – 3rd week of June
  - c. Approved.
  - d. Better late than never dance – Feb. 14. Should we postpone? Yes

## B. Hospitals & Institutions (H&I)

1. Status of Current H&I commitments
  - a. Confirmed Active (as of October 19, 2020)
    1. Pride Institute (Eden Prairie) – Mondays at 7:00 p.m.
      - LGBTQ+ Treatment Center
      - 2 people allowed in maximum – 1 moderator (usually Joe S. from Twin Cities) & 1 guest
      - Both people should have 1 year sober and ideally be able to sponsor
      - UPDATE – Pride to stop in person meetings on December 15, 2020.
    2. Salvation Army Adult Rehabilitation Center (Minneapolis) - Mondays at 7:00 p.m.
      - Led by Keith B.
        - Keith B. is now out
      - Must be 1 year sober
  - b. Confirmed Inactive
    - Unknown as of this meeting
  - c. Unknown
    1. Morison County Jail (Little Falls)
    2. Minnesota Teen Challenge (Minneapolis)
    3. Anoka-Metro Regional Treatment Center (Anoka)
    4. New Visions Center (Alexandria)
    5. St. Croix County Jail (St. Croix, WI)
    6. Tapestry (St. Paul)
    7. Real Life Coffee & Yoga (St. Paul)
    8. The Heights (St. Paul)
    9. Dakota County Jail (Hastings)
    10. Amazing Grace Recovery Services (St. Francis)
2. General Updates

## C. Delegates Report

1. Delegate 1 – Brenda B.S.
  - a. No news to report
2. Delegate 2 – Topher M.
  - a. Communications Advisory Committee:
    1. Conference Approved Literature
      - In [Spanish](#)
      - In [German](#)
      - [Crystal Clear Stories of Hope](#) is now available in SPANISH
  - b. CMA App. wireframe testing completed (DAK is on this subgroup)
  - c. Website is updated as well as speaker recordings
3. Delegate Account Financials
  - Previous Balance: \$377.66
  - Money In: \$0
  - Money Out: \$0
  - Ending Balance: \$377.66
4. General Updates
  - a. World GSC Report – Due to the fellowship by February 15, 2021
  - b. New GSC Board of Directors & At Large Members elected in.
    1. Bobby K from Chicago the new Jr. Trustee for the Great Lakes Region
    2. Garrett V from Minneapolis is now the new Sr. Trustee from the Great Lakes Region
      - a. Garrett V noted that his term will end at the end of 2022 and we should all start thinking about who would replacing him whether it's

from the Minnesota fellowship, or if we encourage new blood from the region (Indiana, Michigan)

D. Public Information & Outreach (PI&O)

a. General Updates

- a. New meeting list – Area websites to pull from world, thus only updating on once
- b. Submissions have to go to world service. Dak is taking on our end.
- c. The app – Looking to lock down. Going to go with green. Final wireframe out in the next 3 months
- d. Our site doing ok.
- e. Adding link to world services
- f. Added 7th tradition. Fill out form with venmo (we have to have a name). Sends email with QR code. Each donation has to have a name, phone # and email;

E. Financials

1. General Account

- Previous Balance: \$753.32
- Money In: \$0
- Money Out:\$0
- Ending Balance: \$753.32

2. Great Lakes Region Unity Day Account

- Previous Balance: \$299.11
- Money In: \$0
- Money Out: \$0
- Ending Balance: \$299.11

3. General Updates

- a. No new updates

F. Chips & Literature

1. Current Financials

- Previous Balance: \$272.93
- Money In: \$0
- Money Out: \$0
- Ending Balance: \$272.93

2. General Updates

- a. No new updates

VII. ADJOURNMENT

Motion to adjourn at 7:52 called by Steve 2nd Jay Jay and approved unanimously.

VIII. NEXT MEETING

Next meeting will be Monday, January 18, 2021 at 7pm CST via Zoom.