

What is Crystal Meth Anonymous?

Crystal Meth Anonymous is a fellowship of men and women who share their experience, strength and hope with each other, so they may solve their common problem and help others to recover from addiction to crystal meth. The only requirement for membership is a desire to stop using. There are no dues or fees for CMA membership; we are self-supporting through our own contributions. CMA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; and neither endorses nor opposes any causes. Our primary purpose is to lead a sober life and carry the message of recovery to the crystal meth addict who still suffers.†

Want to start a new CMA Meeting in MN?

There is help and support for those who are interested in starting new CMA meetings throughout MN.

Contact the Minnesota CMA Intergroup for meeting packets, literature, chips, and other information.

info@cmamn.org

www.cmamn.org

**MN CMA Intergroup
P.O. Box 331
Anoka, MN 55303**

Email:
info@cmamn.org

Website:
www.cmamn.org

CMA MINNESOTA MEETING LIST



Helpline and Meeting Information Number

612-787-5775

www.cmamn.org

CMA MN MEETING LIST

SUNDAY

5:00PM

1430 West 28th Street, Minneapolis
Twin Cities CMA
Contact:

7:30PM

4025 C.R. Blvd, Coon Rapids
Life or Meth Sq. 1
Contact: Brian 612-998-4916

MONDAY

7:30PM

4025 C.R. Blvd, Coon Rapids
Life or Meth Sq. 6
Contact: Jim 612-481-8456

WEDNESDAY

2:00PM

512 2nd Street N, Virginia
At the 12 Step House
Contact:

7:00PM

170 Maria Avenue, Saint Paul
Other Methods
Contact: Stephanie 651-815-8236

7:00PM

217 Central Avenue, Faribault
We Choose to Live
Contact: Scott 507-210-7404

7:30PM

Twin Lakes Alano, Brooklyn Center
<5% (Survivors of Meth)
Contact: Terry 612-205-5767

Meetings and Sponsorship

CMA members share their experience with others seeking recovery. This is done at meeting and in a one-on-one relationship called sponsorship.

At meetings the program of recovery is discussed. All meetings are a safe place to share your experience, listen to others and to meet other recovering addicts. A sponsor is simply another addict, who makes suggestions and answers questions about the program.

Step Work

The CMA program is set forth in the 12 Steps. The steps give an addict a program to live life without the use of Crystal Meth or other mind-altering substance. An addict works the steps with a sponsor who shares his or her experiences and makes suggestions along the way.

Fellowship

We also share our experiences in a more informal setting called fellowship. Fellowship can include grabbing a bite to eat after a meeting, activities, or be as simple as a few CMA members getting together for coffee.

Service

Service is a commitment taken on a voluntary basis, either within the group or for a particular meeting. It can be as simple as making coffee or helping clean up after a meeting.

CMA MN MEETING LIST

THURSDAY

7:00PM

4025 C.R. Blvd, Coon Rapids
Life of Meth Squad 3
Contact: Jamie 763-458-3492

7:00PM

520 N. Robert Street
Ground Zero
Contact: Jessica 651-347-9446

FRIDAY

6:30PM

621 Old Main Street N, Cambridge
No Mething Around
Contact:

7:00PM

170 Maria Avenue, Saint Paul
Step or Topic
Contact: Brandi 651-373-0005

SATURDAY

5:00PM

2284 County Road I, Mounds View
Bub Busters
Contact:

6:00PM

1145 Westminster Ave, Saint Paul
CMA Circle of Trust
Contact: Cody 763-280-0731