

### **What is Crystal Meth Anonymous?**

Crystal Meth Anonymous is a fellowship of men and women who share their experience, strength and hope with each other, so they may solve their common problem and help others to recover from addiction to crystal meth. The only requirement for membership is a desire to stop using. There are no dues or fees for CMA membership; we are self-supporting through our own contributions. CMA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; and neither endorses nor opposes any causes. Our primary purpose is to lead a sober life and carry the message of recovery to the crystal meth addict who still suffers.†

### **Want to start a new CMA Meeting in MN?**

There is help and support for those who are interested in starting new CMA meetings throughout MN.

Contact the Minnesota CMA Intergroup for meeting packets, literature, chips, and other information.

[info@cmamn.org](mailto:info@cmamn.org)

[www.cmamn.org](http://www.cmamn.org)

### **Minnesota CMA Intergroup**

**P.O. Box 331  
Anoka, MN 55303**

**Email:**

[info@cmamn.org](mailto:info@cmamn.org)

**Website:**

[www.cmamn.org](http://www.cmamn.org)

# **CMA MINNESOTA MEETING LIST**



## **Helpline and Meeting Information Number**

**612-787-5775**

**[www.cmamn.org](http://www.cmamn.org)**

### Meetings and Sponsorship

CMA members share their experience with others seeking recovery. This is done at meeting and in a one-on-one relationship called sponsorship.

At meetings the program of recovery is discussed. All meetings are a safe place to share your experience, listen to others and to meet other recovering addicts. A sponsor is simply another addict, who makes suggestions and answers questions about the program.

### Step Work

The CMA program is set forth in the 12 Steps. The steps give an addict a program to live life without the use of Crystal Meth or other mind-altering substance. An addict works the steps with a sponsor who shares his or her experiences and makes suggestions along the way.

### Fellowship

We also share our experiences in a more informal setting called fellowship. Fellowship can include grabbing a bite to eat after a meeting, activities, or be as simple as a few CMA members getting together for coffee.

### Service

Service is a commitment taken on a voluntary basis, either within the group or for a particular meeting. It can be as simple as making coffee or helping clean up after a meeting.

## CMA MN MEETING LIST

<u>DAY</u>	<u>TIME</u>	<u>LOCATION</u>
<b>Sunday</b>	5:00PM	1430 West 28 <sup>th</sup> Street Twin Cities CMA Minneapolis MN
<b>Sunday</b>	7:00PM	900 North 4 <sup>th</sup> Street Something Spiritual Minneapolis MN
<b>Sunday</b>	7:30PM	4025 Coon Rapids Blvd Life or Meth Sq. 1 Coon Rapids MN
<b>Monday</b>	7:30PM	4025 Coon Rapids Blvd Life or Meth Sq. 6 Coon Rapids MN
<b>Wednesday</b>	2:00PM	512 2 <sup>nd</sup> Street N At the 12 Step House Virginia MN
<b>Wednesday</b>	7:00PM	170 Maria Avenue Other Methods St. Paul MN
<b>Wednesday</b>	7:00PM	611 East 8 <sup>th</sup> Street CMA Wednesday Albert Lea MN
<b>Wednesday</b>	7:00PM	217 Central Avenue We Choose to Live Faribault MN
<b>Thursday</b>	7:00PM	4025 Coon Rapids Blv Life or Meth Sq 3 Coon Rapids MN
<b>Thursday</b>	7:00PM	520 N. Robert Street Ground Zero St. Paul MN
<b>Friday</b>	6:30PM	621 Old Main Street N No Mething Around Cambridge MN
<b>Friday</b>	7:00PM	170 Maria Avenue Step or Topic St. Paul MN
<b>Saturday</b>	5:00PM	2284 County Road I Bub Busters Mounds View MN
<b>Saturday</b>	6:00PM	1145 Westminster Ave CMA Circle of Trust St. Paul MN

### Meeting of the Month:

The Minnesota CMA Intergroup has started a new idea called meeting of the month. Each month a different meeting is selected starting at the top of the list. We would like to ask some of the fellowship from all meetings to attend this meeting. It is a great way to show our support to any struggling meetings, and see what the other meetings are like.

### April Meeting of the Month

GROUND ZERO  
THURSDAYS @ 7PM  
520 N. ROBERT ST  
ST. PAUL MN 55101

### May Meeting of the Month

BUB BUSTERS  
SATURDAYS @ 5PM  
NEW BRIGHTON ALANO  
2284 COUNTY ROAD I  
MOUNDS VIEW MN 55112

### June Meeting of the Month

NO METHING AROUND  
FRIDAYS @6:30PM  
621 OLD MAIN STREET N  
CAMBRIDGE MN 55088